



<b>Senior Men 100m heat 1</b>					
1	498	Gregory Venyo (NC)	Durham City Harriers & Ac	11.5	
2	265	Nick Morton	Kirkby Milers AC	11.5	
3	437	Craig Ezissi	Preston Harriers	11.5	
4	134	James Nicholas	Blackpool Wyre & Fylde	11.8	
5	197	Omotoyosi Osijonwo	Chorley AC & Tri	11.9	

<b>Senior Men 100m heat 2</b>					
1	568	David Curtis	Southport Waterloo	12.8	
2	460	Christopher Burgess	Southport Waterloo	13.0	
3	269	Joshua Roughley	Kirkby Milers AC	13.9	
4	222	Nick Rawcliffe	Hyndburn AC	14.9	
5	547	Ben Cross	Kirkby Milers AC	18.3	
6	249	Jeff Davies	Kirkby Milers AC	19.0	

<b>Senior Men 100m heat 3</b>					
1	551	Dominic Alden	Southport Waterloo	18.0	
2	483	Adam Ryan	Southport Waterloo	24.1	

<b>Senior Men 100m overall</b>					
1	498	Gregory Venyo (NC)	Durham City Harriers & Ac	11.5	
2	265	Nick Morton	Kirkby Milers AC	11.5	7 D1
3	437	Craig Ezissi	Preston Harriers	11.5	5 D1
4	134	James Nicholas	Blackpool Wyre & Fylde	11.8	7 D2
5	197	Omotoyosi Osijonwo	Chorley AC & Tri	11.9	4 D1
6	568	David Curtis	Southport Waterloo	12.8	3 D1
7	460	Christopher Burgess	Southport Waterloo	13.0	2 D1
8	269	Joshua Roughley	Kirkby Milers AC	13.9	1 D1
9	222	Nick Rawcliffe	Hyndburn AC	14.9	5 D2
10	551	Dominic Alden	Southport Waterloo	18.0	
11	547	Ben Cross	Kirkby Milers AC	18.3	
12	249	Jeff Davies	Kirkby Milers AC	19.0	
13	483	Adam Ryan	Southport Waterloo	24.1	

<b>Senior Men 200m heat 1</b>					
1	437	Craig Ezissi	Preston Harriers	23.7	
2	134	James Nicholas	Blackpool Wyre & Fylde	24.0	
3	265	Nick Morton	Kirkby Milers AC	25.7	
4	266	Cameron Oliver	Kirkby Milers AC	28.8	

<b>Senior Men 200m heat 2</b>					
1	269	Joshua Roughley	Kirkby Milers AC	28.6	
2	251	Kevin Doyle	Kirkby Milers AC	28.6	
3	547	Ben Cross	Kirkby Milers AC	40.5	
4	249	Jeff Davies	Kirkby Milers AC	41.4	

<b>Senior Men 200m heat 3</b>					
1	551	Dominic Alden	Southport Waterloo	40.4	
2	483	Adam Ryan	Southport Waterloo	54.0	

<b>Senior Men 200m overall</b>					
1	437	Craig Ezissi	Preston Harriers	23.7	7 D1
2	134	James Nicholas	Blackpool Wyre & Fylde	24.0	7 D2
3	265	Nick Morton	Kirkby Milers AC	25.7	5 D1
4	269	Joshua Roughley	Kirkby Milers AC	28.6	4 D1
5	251	Kevin Doyle	Kirkby Milers AC	28.6	
6	266	Cameron Oliver	Kirkby Milers AC	28.8	
7	551	Dominic Alden	Southport Waterloo	40.4	3 D1
8	547	Ben Cross	Kirkby Milers AC	40.5	
9	249	Jeff Davies	Kirkby Milers AC	41.4	
10	483	Adam Ryan	Southport Waterloo	54.0	2 D1

<b>Senior Men 400m</b>					
1	567	Jared Nicholls	Liverpool P & S	53.7	7 D1
2	266	Cameron Oliver	Kirkby Milers AC	57.5	5 D1
3	251	Kevin Doyle	Kirkby Milers AC	61.4	4 D1
4	363	Steven Nijs	Liverpool P & S	62.8	3 D1
5	138	Jonathan Rutter	Blackpool Wyre & Fylde	63.2	7 D2
6	547	Ben Cross	Kirkby Milers AC	97.6	

<b>Senior Men 800m</b>					
1	254	Derri Henderson	Kirkby Milers AC	2:10.5	7 D1
2	258	Ryan Jones	Kirkby Milers AC	2:14.2	5 D1
3	535	Phil Ryan (NC)	Northern Masters AC	2:18.1	
4	363	Steven Nijs	Liverpool P & S	2:21.1	4 D1
5	36	Dominic Bretherton	Blackburn Harriers	2:26.9	3 D1
6	553	Jason Oliver	Southport Waterloo	2:35.9	2 D1
7	224	Peter Sagar	Hyndburn AC	3:07.9	7 D2

<b>Senior Men 1500m</b>					
1	260	David Low	Kirkby Milers AC	4:46.1	7 D1
2	499	Dean Evans (NC)	Liverpool Running Bugs	4:52.4	
3	340	Oliver Farrer	Liverpool P & S	4:53.0	5 D1
4	553	Jason Oliver	Southport Waterloo	5:15.1	4 D1
5	514	Keith Swift	Southport Waterloo	5:42.6	3 D1

<b>Senior Men 3000m</b>					
1	366	Alexander Procter	Liverpool P & S	9:28.2	7 D1
2	258	Ryan Jones	Kirkby Milers AC	9:49.9	5 D1
3	254	Derri Henderson	Kirkby Milers AC	9:52.9	4 D1
4	250	Francis Dickson	Kirkby Milers AC	10:01.8	
5	252	James Ellis	Kirkby Milers AC	10:44.1	
6	358	Tom Mattack	Liverpool P & S	10:54.6	3 D1
7	263	Alan Moffatt	Kirkby Milers AC	11:18.5	

<b>Senior Men High Jump</b>					
1	197	Omotoyosi Osijonwo	Chorley AC & Tri	1.75	7 D1
2	138	Jonathan Rutter	Blackpool Wyre & Fylde	1.60	7 D2

<b>Senior Men Long Jump</b>					
1	138	Jonathan Rutter	Blackpool Wyre & Fylde	5.23	7 D2
2	252	James Ellis	Kirkby Milers AC	4.60	7 D1
3	269	Joshua Roughley	Kirkby Milers AC	2.98	5 D1

<b>Senior Men Triple Jump</b>					
1	252	James Ellis	Kirkby Milers AC	9.73	7 D1
2	178	Paul Van Iterson	Carlisle Aspatria AC	9.14	7 D2



<b>Senior Men Shot</b>					
1	151	Scott Gizon	Burnley AC	11.45	7 D1
2	378	Paul White	Liverpool P & S	9.19	5 D1
3	169	Aaron Holliday	Carlisle Aspatria AC	9.09	7 D2
4	251	Kevin Doyle	Kirkby Milers AC	8.85	4 D1
5	460	Christopher Burgess	Southport Waterloo	7.60	3 D1
6	568	David Curtis	Southport Waterloo	7.34	2 D1
7	334	Mark Crompton	Liverpool P & S	6.92	1 D1
8	561	Paul Holliday	Carlisle Aspatria AC	6.92	5 D2
9	379	Iain Wilkinson	Liverpool P & S	5.87	

  

<b>Senior Men Discus</b>					
1	1	Anthony Kent	Blackburn Harriers	37.40	7 D1
2	151	Scott Gizon	Burnley AC	30.65	5 D1
3	334	Mark Crompton	Liverpool P & S	25.64	4 D1
4	378	Paul White	Liverpool P & S	25.07	3 D1
5	169	Aaron Holliday	Carlisle Aspatria AC	22.61	7 D2
6	178	Paul Van Iterson	Carlisle Aspatria AC	20.73	5 D2
7	561	Paul Holliday	Carlisle Aspatria AC	19.02	
8	379	Iain Wilkinson	Liverpool P & S	16.26	
9	222	Nick Rawcliffe	Hyndburn AC	16.22	4 D2

  

<b>Senior Men Javelin</b>					
1	348	William Hynd	Liverpool P & S	40.58	7 D1
2	464	Lee Coupland	Southport Waterloo	28.00	5 D1
3	178	Paul Van Iterson	Carlisle Aspatria AC	24.55	7 D2
4	254	Derri Henderson	Kirkby Milers AC	22.72	4 D1
5	222	Nick Rawcliffe	Hyndburn AC	16.96	5 D2

  

<b>Senior Men Hammer</b>					
1	1	Anthony Kent	Blackburn Harriers	49.01	7 D1
2	169	Aaron Holliday	Carlisle Aspatria AC	38.78	7 D2
3	221	Russell Race	Hyndburn AC	34.49	5 D2
4	378	Paul White	Liverpool P & S	33.70	5 D1
5	334	Mark Crompton	Liverpool P & S	18.26	4 D1
6	561	Paul Holliday	Carlisle Aspatria AC	14.72	4 D2

  

<b>Under 17 Men 100m heat 1</b>					
1	79	Daniel Nuttall	Blackburn Harriers	11.5	
2	296	Thomas McMeeking	Lancaster & Morecambe	11.8	
3	554	Josh Tan	Southport Waterloo	12.0	
4	542	Cameron Orr	Preston Harriers	12.1	
5	148	Joseph Bland	Burnley AC	12.3	

  

<b>Under 17 Men 100m heat 2</b>					
1	273	Evan Williams	Kirkby Milers AC	12.4	
2	540	Darren Ajayi	Preston Harriers	12.5	
3	444	Adam Link	Preston Harriers	13.0	
4	445	Matthew Link	Preston Harriers	13.0	

  

<b>Under 17 Men 100m heat 3</b>					
1	470	William Edmunds	Southport Waterloo	19.2	
2	474	Daniel Mageer	Southport Waterloo	21.5	

  

<b>Under 17 Men 100m overall</b>					
1	79	Daniel Nuttall	Blackburn Harriers	11.5	7 D1
2	296	Thomas McMeeking	Lancaster & Morecambe	11.8	7 D2
3	554	Josh Tan	Southport Waterloo	12.0	5 D1
4	542	Cameron Orr	Preston Harriers	12.1	4 D1
5	148	Joseph Bland	Burnley AC	12.3	3 D1
6	273	Evan Williams	Kirkby Milers AC	12.4	2 D1
7	540	Darren Ajayi	Preston Harriers	12.5	1 D1
8	444	Adam Link	Preston Harriers	13.0	
9	445	Matthew Link	Preston Harriers	13.0	
10	470	William Edmunds	Southport Waterloo	19.2	
11	474	Daniel Mageer	Southport Waterloo	21.5	

  

<b>Under 17 Men 200m heat 1</b>					
1	79	Daniel Nuttall	Blackburn Harriers	23.8	
2	124	Wyatt Holford	Blackpool Wyre & Fylde	24.0	
3	273	Evan Williams	Kirkby Milers AC	25.3	
4	248	Luke Culshaw	Kirkby Milers AC	25.6	
5	540	Darren Ajayi	Preston Harriers	26.1	

  

<b>Under 17 Men 200m heat 2</b>					
1	470	William Edmunds	Southport Waterloo	43.9	
2	474	Daniel Mageer	Southport Waterloo	51.8	

  

<b>Under 17 Men 200m overall</b>					
1	79	Daniel Nuttall	Blackburn Harriers	23.8	7 D1
2	124	Wyatt Holford	Blackpool Wyre & Fylde	24.0	7 D2
3	273	Evan Williams	Kirkby Milers AC	25.3	5 D1
4	248	Luke Culshaw	Kirkby Milers AC	25.6	4 D1
5	540	Darren Ajayi	Preston Harriers	26.1	3 D1
6	470	William Edmunds	Southport Waterloo	43.9	2 D1
7	474	Daniel Mageer	Southport Waterloo	51.8	1 D1

  

<b>Under 17 Men 400m heat 1</b>					
1	81	Oliver Palk	Blackburn Harriers	52.3	
2	492	Luke Ward	Southport Waterloo	52.5	
3	273	Evan Williams	Kirkby Milers AC	54.7	
4	284	Zach Earnshaw	Lancaster & Morecambe	56.6	

  

<b>Under 17 Men 400m heat 2</b>					
1	135	Oliver Nunn	Blackpool Wyre & Fylde	53.8	
2	447	Corey Middleton	Preston Harriers	56.0	
3	472	Daniel Jones	Southport Waterloo	56.2	
4	295	Ronan Maher	Lancaster & Morecambe	64.1	

  

<b>Under 17 Men 400m overall</b>					
1	81	Oliver Palk	Blackburn Harriers	52.3	7 D1
2	492	Luke Ward	Southport Waterloo	52.5	5 D1
3	135	Oliver Nunn	Blackpool Wyre & Fylde	53.8	7 D2
4	273	Evan Williams	Kirkby Milers AC	54.7	4 D1
5	447	Corey Middleton	Preston Harriers	56.0	3 D1
6	472	Daniel Jones	Southport Waterloo	56.2	2 D1
7	284	Zach Earnshaw	Lancaster & Morecambe	56.6	5 D2
8	295	Ronan Maher	Lancaster & Morecambe	64.1	4 D2



Under 17 Men 800m						Under 15 Boys 100m heat 2							
1	248	Luke Culshaw	Kirkby Milers AC	2:08.8	7	D1	1	479	Jack Nelson	Southport Waterloo	13.6		
2	457	Owen Akins	Southport Waterloo	2:11.3	5	D1	2	170	Benjamin Holmes	Carlisle Aspatria AC	14.5		
3	494	Julius Zajitschek	Southport Waterloo	2:18.7	4	D1	3	188	Louis Crake	Chorley AC & Tri	14.6		
4	321	Reuben Anderson	Liverpool P & S	2:25.8	3	D1	4	298	Harry Perkins	Lancaster & Morecambe	15.2		
5	295	Ronan Maher	Lancaster & Morecambe	2:32.9	7	D2	5	223	Rhys Rawcliffe	Hyndburn AC	16.1		
Under 17 Men 1500m						Under 15 Boys 100m overall							
1	229	Alfie Addison	Kendal AAC	4:25.1	7	D2	1	235	William Ladell	Kendal AAC	12.5	7	D2
2	468	Reuben Donnelly	Southport Waterloo	4:37.8	7	D1	2	518	Matthew Batstone	Lancaster & Morecambe	12.7	5	D2
3	216	Finlay Lorimer	Hyndburn AC	5:19.9	5	D2	3	458	Jake Anders	Southport Waterloo	12.9	7	D1
4	253	Xander Heaton	Kirkby Milers AC	5:22.0	5	D1	4	549	Ralph Sinclair	Liverpool P & S	13.1	5	D1
Under 17 Men High Jump						5	35	Daniel Bretherton	Blackburn Harriers	13.1	4	D1	
1	462	Adam Byrne	Southport Waterloo	1.83	7	D1	6	545	Finlay Coakley-Harding (N	Wirral AC	13.2		
2	447	Corey Middleton	Preston Harriers	1.70	5	D1	7	479	Jack Nelson	Southport Waterloo	13.6	3	D1
Under 17 Men Long Jump						8	170	Benjamin Holmes	Carlisle Aspatria AC	14.5	4	D2	
1	434	Finlay Clash	Preston Harriers	5.20	7	D1	9	188	Louis Crake	Chorley AC & Tri	14.6	2	D1
2	444	Adam Link	Preston Harriers	5.18	5	D1	10	298	Harry Perkins	Lancaster & Morecambe	15.2	3	D2
3	540	Darren Ajayi	Preston Harriers	4.95			11	223	Rhys Rawcliffe	Hyndburn AC	16.1	2	D2
4	542	Cameron Orr	Preston Harriers	4.86			Under 15 Boys 200m heat 1						
5	445	Matthew Link	Preston Harriers	4.77			1	458	Jake Anders	Southport Waterloo	26.4		
6	124	Wyatt Holford	Blackpool Wyre & Fylde	4.65	7	D2	2	569	Liam Yates	Southport Waterloo	26.5		
7	253	Xander Heaton	Kirkby Milers AC	4.26	4	D1	3	518	Matthew Batstone	Lancaster & Morecambe	26.5		
Under 17 Men Triple Jump						4	549	Ralph Sinclair	Liverpool P & S	28.2			
1	444	Adam Link	Preston Harriers	11.48	7	D1	5	89	Alex Rothwell	Blackburn Harriers	28.2		
2	434	Finlay Clash	Preston Harriers	11.11	5	D1	Under 15 Boys 200m heat 2						
3	445	Matthew Link	Preston Harriers	10.50			1	487	Caleb Still	Southport Waterloo	26.1		
Under 17 Men Shot						2	354	Daniel Liggat	Liverpool P & S	27.7			
1	462	Adam Byrne	Southport Waterloo	11.84	7	D1	3	199	Matthew Sharples	Chorley AC & Tri	28.3		
2	559	Hendro Hattingh	Liverpool P & S	11.40	5	D1	4	545	Finlay Coakley-Harding (N	Wirral AC	28.5		
3	253	Xander Heaton	Kirkby Milers AC	7.40	4	D1	5	154	Daniel Howe	Burnley AC	32.1		
Under 17 Men Discus						Under 15 Boys 200m heat 3							
1	333	Charlie Climpson	Liverpool P & S	29.71	7	D1	1	489	Harvey Thompson	Southport Waterloo	26.6		
2	559	Hendro Hattingh	Liverpool P & S	24.69	5	D1	2	479	Jack Nelson	Southport Waterloo	27.6		
3	447	Corey Middleton	Preston Harriers	22.76	4	D1	3	257	Ryan Jones	Kirkby Milers AC	29.2		
Under 17 Men Javelin						4	407	James Burt	Pendle AC	30.5			
1	81	Oliver Palk	Blackburn Harriers	44.27	7	D1	Under 15 Boys 200m overall						
2	81	Oliver Palk	Blackburn Harriers	44.27	5	D1	1	487	Caleb Still	Southport Waterloo	26.1	7	D1
3	333	Charlie Climpson	Liverpool P & S	31.25	4	D1	2	458	Jake Anders	Southport Waterloo	26.4	5	D1
Under 15 Boys 100m heat 1						3	569	Liam Yates	Southport Waterloo	26.5			
1	235	William Ladell	Kendal AAC	12.5			4	518	Matthew Batstone	Lancaster & Morecambe	26.5	7	D2
2	518	Matthew Batstone	Lancaster & Morecambe	12.7			5	489	Harvey Thompson	Southport Waterloo	26.6		
3	458	Jake Anders	Southport Waterloo	12.9			6	479	Jack Nelson	Southport Waterloo	27.6		
4	549	Ralph Sinclair	Liverpool P & S	13.1			7	354	Daniel Liggat	Liverpool P & S	27.7	4	D1
5	35	Daniel Bretherton	Blackburn Harriers	13.1			8	549	Ralph Sinclair	Liverpool P & S	28.2	3	D1
6	545	Finlay Coakley-Harding (N	Wirral AC	13.2			9	89	Alex Rothwell	Blackburn Harriers	28.2	2	D1
							10	199	Matthew Sharples	Chorley AC & Tri	28.3	1	D1
							11	545	Finlay Coakley-Harding (N	Wirral AC	28.5		
							12	257	Ryan Jones	Kirkby Milers AC	29.2		
							13	407	James Burt	Pendle AC	30.5	5	D2
							14	154	Daniel Howe	Burnley AC	32.1		



<b>Under 15 Boys 400m</b>						
1	487	Caleb Still	Southport Waterloo	55.7	7	D1
2	569	Liam Yates	Southport Waterloo	57.1	5	D1
3	35	Daniel Bretherton	Blackburn Harriers	57.8	4	D1
4	199	Matthew Sharples	Chorley AC & Tri	62.4	3	D1
5	407	James Burt	Pendle AC	65.8	7	D2
6	170	Benjamin Holmes	Carlisle Aspatria AC	73.2	5	D2
<b>Under 15 Boys 800m</b>						
1	89	Alex Rothwell	Blackburn Harriers	2:19.0	7	D1
2	449	Lucas Parkin	Preston Harriers	2:19.2	5	D1
3	354	Daniel Liggat	Liverpool P & S	2:22.9	4	D1
4	88	Theo Robinson	Blackburn Harriers	2:27.6	3	D1
5	541	Finley Murray	Preston Harriers	2:39.0	2	D1
6	192	Oliver Jones	Chorley AC & Tri	2:44.0	1	D1
<b>Under 15 Boys 1500m</b>						
1	203	Max Winstanley	Chorley AC & Tri	4:35.0	7	D1
2	367	Daniel Procter	Liverpool P & S	4:39.3	5	D1
3	489	Harvey Thompson	Southport Waterloo	4:40.0	4	D1
4	463	Eddy Clark	Southport Waterloo	4:51.4	3	D1
5	552	Logan Kelly	Southport Waterloo	5:08.4		
6	342	Tom Freeman	Liverpool P & S	5:14.9	2	D1
7	257	Ryan Jones	Kirkby Milers AC	5:30.7	1	D1
<b>Under 15 Boys 80m Hurdles</b>						
1	558	Edward Moore (NC)	Wirral AC	13.4		
2	331	Sam Christie	Liverpool P & S	15.4	7	D1
<b>Under 15 Boys High Jump</b>						
1	101	Seth Turner	Blackburn Harriers	1.68	7	D1
2	469	Kieran Edmunds	Southport Waterloo	1.40	5	D1
3	88	Theo Robinson	Blackburn Harriers	1.30	4	D1
<b>Under 15 Boys Long Jump</b>						
1	235	William Ladell	Kendal AAC	4.63	7	D2
2	469	Kieran Edmunds	Southport Waterloo	4.42	7	D1
3	479	Jack Nelson	Southport Waterloo	4.25	5	D1
4	549	Ralph Sinclair	Liverpool P & S	4.23	4	D1
5	298	Harry Perkins	Lancaster & Morecambe	4.03	5	D2
6	210	Peter John Sagar-Moss	Hyndburn AC	4.02	4	D2
7	188	Louis Crake	Chorley AC & Tri	3.82	3	D1
8	458	Jake Anders	Southport Waterloo	3.78		
9	192	Oliver Jones	Chorley AC & Tri	3.64	2	D1
<b>Under 15 Boys Shot</b>						
1	550	Benjamin Roberts	Preston Harriers	11.49	7	D1
2	484	Joshua Sarbutts	Southport Waterloo	9.37	5	D1
3	480	Matthew Nuttall	Southport Waterloo	8.05	4	D1
4	210	Peter John Sagar-Moss	Hyndburn AC	7.39	7	D2
5	166	Daniel Cattermole	Carlisle Aspatria AC	7.19	5	D2
6	469	Kieran Edmunds	Southport Waterloo	5.96		
7	548	Luke Roughley	Kirkby Milers AC	5.86	3	D1
8	566	Kaiden Ellis	Kirkby Milers AC	5.78	2	D1
<b>Under 15 Boys Discus</b>						
1	550	Benjamin Roberts	Preston Harriers	38.37	7	D1
2	166	Daniel Cattermole	Carlisle Aspatria AC	18.82	7	D2
3	223	Rhys Rawcliffe	Hyndburn AC	17.42	5	D2
4	289	Sam Giles	Lancaster & Morecambe	16.87	4	D2
5	154	Daniel Howe	Burnley AC	15.79	5	D1
6	566	Kaiden Ellis	Kirkby Milers AC	13.16	4	D1
7	170	Benjamin Holmes	Carlisle Aspatria AC	10.62	3	D2
<b>Under 15 Boys Javelin</b>						
1	558	Edward Moore (NC)	Wirral AC	35.67		
2	154	Daniel Howe	Burnley AC	32.34	7	D1
3	210	Peter John Sagar-Moss	Hyndburn AC	30.23	7	D2
4	199	Matthew Sharples	Chorley AC & Tri	28.85	5	D1
5	484	Joshua Sarbutts	Southport Waterloo	25.99	4	D1
6	289	Sam Giles	Lancaster & Morecambe	22.08	5	D2
7	480	Matthew Nuttall	Southport Waterloo	21.24	3	D1
8	298	Harry Perkins	Lancaster & Morecambe	20.16	4	D2
9	566	Kaiden Ellis	Kirkby Milers AC	19.68	2	D1
10	518	Matthew Batstone	Lancaster & Morecambe	19.18		
11	223	Rhys Rawcliffe	Hyndburn AC	18.46	3	D2
12	166	Daniel Cattermole	Carlisle Aspatria AC	15.94	2	D2
13	548	Luke Roughley	Kirkby Milers AC	13.45	1	D1
<b>Under 15 Boys Hammer</b>						
1	484	Joshua Sarbutts	Southport Waterloo	16.02	7	D1
2	289	Sam Giles	Lancaster & Morecambe	14.95	7	D2
3	543	Oscar Melen (NC)	Chesterfield & District AC	11.78		
<b>Under 13 Boys 100m heat 1</b>						
1	556	Thierry Kerr (NC)	Leigh Harriers & AC	14.0		
2	471	Jake Edwards	Southport Waterloo	14.4		
3	408	Lewis Burt	Pendle AC	14.8		
4	74	Alex McKinlay	Blackburn Harriers	15.7		
5	562	Markus Burgan Harrison	Kirkby Milers AC	16.2		
<b>Under 13 Boys 100m heat 2</b>						
1	339	Louis Farren	Liverpool P & S	14.3		
2	564	Thomas Dixon	Kirkby Milers AC	15.0		
3	167	Harry Cattermole	Carlisle Aspatria AC	15.1		
4	256	George Jackson	Kirkby Milers AC	16.3		
5	130	Jake Kozomara	Blackpool Wyre & Fylde	16.8		
<b>Under 13 Boys 100m heat 3</b>						
1	488	Henry Summers	Southport Waterloo	14.3		
2	145	James Acton-Grieves	Burnley AC	14.4		
3	368	Sam Quirk	Liverpool P & S	16.0		
4	247	Ryan Cartwright	Kirkby Milers AC	16.5		
5	565	Harrison Ellis	Kirkby Milers AC	16.8		



<b>Under 13 Boys 100m overall</b>						
1	556	Thierry Kerr (NC)	Leigh Harriers & AC	14.0		
2	339	Louis Farren	Liverpool P & S	14.3	7	D1
3	488	Henry Summers	Southport Waterloo	14.3	5	D1
4	471	Jake Edwards	Southport Waterloo	14.4	4	D1
5	145	James Acton-Grieves	Burnley AC	14.4	3	D1
6	408	Lewis Burt	Pendle AC	14.8	7	D2
7	564	Thomas Dixon	Kirkby Milers AC	15.0	2	D1
8	167	Harry Cattermole	Carlisle Aspatria AC	15.1	5	D2
9	74	Alex McKinlay	Blackburn Harriers	15.7	1	D1
10	368	Sam Quirk	Liverpool P & S	16.0		
11	562	Markus Burgan Harrison	Kirkby Milers AC	16.2		
12	256	George Jackson	Kirkby Milers AC	16.3		
13	247	Ryan Cartwright	Kirkby Milers AC	16.5		
14	130	Jake Kozomara	Blackpool Wyre & Fylde	16.8	4	D2
15	565	Harrison Ellis	Kirkby Milers AC	16.8		

<b>Under 13 Boys 800m</b>						
1	110	Archie Belfield	Blackpool Wyre & Fylde	2:26.0	7	D2
2	570	Peter Herring (NC)	Liverpool Harriers & AC	2:27.3		
3	456	Albert Yates	Preston Harriers	2:29.5	7	D1
4	190	Elliot James	Chorley AC & Tri	2:31.3	5	D1
5	261	Edward Low	Kirkby Milers AC	2:32.2	4	D1
6	239	Jake Smith	Kendal AAC	2:33.0	5	D2
7	374	William Roberts	Liverpool P & S	2:36.1	3	D1
8	330	Huw Christie	Liverpool P & S	2:37.1	2	D1
9	476	Lewis McIlroy	Southport Waterloo	2:37.5	1	D1
10	454	Jack Turner	Preston Harriers	2:39.0		
11	256	George Jackson	Kirkby Milers AC	2:48.8		
12	270	Aron Savage	Kirkby Milers AC	2:49.7		
13	268	Adam Robinson	Kirkby Milers AC	2:50.2		
14	368	Sam Quirk	Liverpool P & S	2:51.0		

<b>Under 13 Boys 200m heat 1</b>						
1	374	William Roberts	Liverpool P & S	29.3		
2	556	Thierry Kerr (NC)	Leigh Harriers & AC	29.8		
3	471	Jake Edwards	Southport Waterloo	30.2		
4	408	Lewis Burt	Pendle AC	30.4		
5	145	James Acton-Grieves	Burnley AC	31.3		
6	276	Logan Bentley	Lancaster & Morecambe	33.5		

<b>Under 13 Boys 200m heat 2</b>						
1	339	Louis Farren	Liverpool P & S	29.3		
2	261	Edward Low	Kirkby Milers AC	30.8		
3	167	Harry Cattermole	Carlisle Aspatria AC	32.5		
4	562	Markus Burgan Harrison	Kirkby Milers AC	34.0		
5	267	Harry Redhead	Kirkby Milers AC	34.3		
6	130	Jake Kozomara	Blackpool Wyre & Fylde	37.5		

<b>Under 13 Boys 200m heat 3</b>						
1	564	Thomas Dixon	Kirkby Milers AC	32.1		
2	324	Matthew Bennett	Liverpool P & S	33.4		
3	270	Aron Savage	Kirkby Milers AC	37.4		
4	247	Ryan Cartwright	Kirkby Milers AC	39.5		

<b>Under 13 Boys 200m overall</b>						
1	374	William Roberts	Liverpool P & S	29.3	7	D1
2	339	Louis Farren	Liverpool P & S	29.3	5	D1
3	556	Thierry Kerr (NC)	Leigh Harriers & AC	29.8		
4	471	Jake Edwards	Southport Waterloo	30.2	4	D1
5	408	Lewis Burt	Pendle AC	30.4	7	D2
6	261	Edward Low	Kirkby Milers AC	30.8	3	D1
7	145	James Acton-Grieves	Burnley AC	31.3	2	D1
8	564	Thomas Dixon	Kirkby Milers AC	32.1	1	D1
9	167	Harry Cattermole	Carlisle Aspatria AC	32.5	5	D2
10	324	Matthew Bennett	Liverpool P & S	33.4		
11	276	Logan Bentley	Lancaster & Morecambe	33.5	4	D2
12	562	Markus Burgan Harrison	Kirkby Milers AC	34.0		
13	267	Harry Redhead	Kirkby Milers AC	34.3		
14	270	Aron Savage	Kirkby Milers AC	37.4		
15	130	Jake Kozomara	Blackpool Wyre & Fylde	37.5	3	D2
16	247	Ryan Cartwright	Kirkby Milers AC	39.5		

<b>Under 13 Boys 1500m</b>						
1	426	Samuel Bates	Preston Harriers	4:48.7	7	D1
2	267	Harry Redhead	Kirkby Milers AC	5:12.0	5	D1
3	573	Max Myles (NC)	Liverpool Harriers & AC	5:16.2		
4	324	Matthew Bennett	Liverpool P & S	5:24.8	4	D1

<b>Under 13 Boys 75m Hurdles</b>						
1	276	Logan Bentley	Lancaster & Morecambe	15.4	7	D2
2	565	Harrison Ellis	Kirkby Milers AC	20.4	7	D1
3	247	Ryan Cartwright	Kirkby Milers AC	21.9	5	D1

<b>Under 13 Boys High Jump</b>						
1	374	William Roberts	Liverpool P & S	1.40	7	D1
2	74	Alex McKinlay	Blackburn Harriers	1.20	5	D1

<b>Under 13 Boys Long Jump</b>						
1	560	Emmett Holford	Blackpool Wyre & Fylde	4.16	7	D2
2	145	James Acton-Grieves	Burnley AC	4.15	7	D1
3	408	Lewis Burt	Pendle AC	4.13	5	D2
4	488	Henry Summers	Southport Waterloo	4.06	5	D1
5	239	Jake Smith	Kendal AAC	3.80	4	D2
6	261	Edward Low	Kirkby Milers AC	3.63	4	D1
7	564	Thomas Dixon	Kirkby Milers AC	3.47	3	D1
8	276	Logan Bentley	Lancaster & Morecambe	3.43	3	D2
9	167	Harry Cattermole	Carlisle Aspatria AC	3.30	2	D2
10	573	Max Myles (NC)	Liverpool Harriers & AC	3.28		
11	565	Harrison Ellis	Kirkby Milers AC	3.14		
12	256	George Jackson	Kirkby Milers AC	2.90		
13	247	Ryan Cartwright	Kirkby Milers AC	2.88		

<b>Under 13 Boys Shot</b>						
1	543	Oscar Melen (NC)	Chesterfield & District AC	5.43		
2	270	Aron Savage	Kirkby Milers AC	4.89	7	D1

<b>Under 13 Boys Discus</b>						
1	543	Oscar Melen (NC)	Chesterfield & District AC	12.07		



<b>Under 13 Boys Javelin</b>						
1	74	Alex McKinlay	Blackburn Harriers	19.95	7	D1
2	572	Dillon Myles (NC)	Liverpool Harriers & AC	17.33		
3	565	Harrison Ellis	Kirkby Milers AC	10.79	5	D1
4	267	Harry Redhead	Kirkby Milers AC	9.53	4	D1
5	130	Jake Kozomara	Blackpool Wyre & Fylde	7.37	7	D2
6	239	Jake Smith	Kendal AAC	0.00		
7	562	Markus Burgan Harrison	Kirkby Milers AC	0.00		

<b>Senior Women Shot</b>						
1	116	Nia Rutter	Blackpool Wyre & Fylde	11.44	7	D1
2	299	Katelyn Swift	Liverpool P & S	6.56	5	D1
3	488	Heather Redhead	Kirkby Milers AC	5.01	7	D2
4	489	Hayley Smallman	Kirkby Milers AC	4.68	5	D2
5	404	Nell Rooney	Southport Waterloo	2.69	4	D1

<b>Senior Women 100m</b>						
1	240	Grace Wakeman	Lancaster & Morecambe	13.4	7	D2
2	330	Anita Saunders	Pendle AC	13.9	7	D1
3	349	Carol Holt	Preston Harriers	13.9	5	D1
4	293	Laura Purdy	Liverpool P & S	15.7	4	D1
5	490	Charlotte Smith	Kirkby Milers AC	18.1	5	D2
6	224	Paula Heaton	Kirkby Milers AC	20.0	4	D2
7	489	Hayley Smallman	Kirkby Milers AC	20.7		

<b>Senior Women Discus</b>						
1	291	Anna Peers	Liverpool P & S	38.87	7	D1
2	375	Katy Coupland	Southport Waterloo	24.68	5	D1
3	116	Nia Rutter	Blackpool Wyre & Fylde	24.01	4	D1
4	299	Katelyn Swift	Liverpool P & S	23.97	3	D1

<b>Senior Women Javelin</b>						
1	286	Rebecca Mitchell	Liverpool P & S	36.94	7	D1
2	238	Emily Sim	Lancaster & Morecambe	28.74	7	D2
3	116	Nia Rutter	Blackpool Wyre & Fylde	22.05	5	D1
4	375	Katy Coupland	Southport Waterloo	16.41	4	D1
5	320	Lynn Baker	Pendle AC	15.76	3	D1

<b>Senior Women 200m heat 1</b>						
1	360	Lucy Poole	Preston Harriers	26.5		
2	240	Grace Wakeman	Lancaster & Morecambe	28.0		
3	349	Carol Holt	Preston Harriers	28.5		
4	330	Anita Saunders	Pendle AC	28.7		
5	404	Nell Rooney	Southport Waterloo	75.6		

<b>Senior Women 200m heat 2</b>						
1	293	Laura Purdy	Liverpool P & S	32.7		
2	488	Heather Redhead	Kirkby Milers AC	38.0		
3	490	Charlotte Smith	Kirkby Milers AC	38.7		
4	224	Paula Heaton	Kirkby Milers AC	43.0		
5	489	Hayley Smallman	Kirkby Milers AC	43.4		

<b>Senior Women 200m overall</b>						
1	360	Lucy Poole	Preston Harriers	26.5	7	D1
2	240	Grace Wakeman	Lancaster & Morecambe	28.0	7	D2
3	349	Carol Holt	Preston Harriers	28.5	5	D1
4	330	Anita Saunders	Pendle AC	28.7	4	D1
5	293	Laura Purdy	Liverpool P & S	32.7	3	D1
6	488	Heather Redhead	Kirkby Milers AC	38.0	5	D2
7	490	Charlotte Smith	Kirkby Milers AC	38.7	4	D2
8	224	Paula Heaton	Kirkby Milers AC	43.0		
9	489	Hayley Smallman	Kirkby Milers AC	43.4		
10	404	Nell Rooney	Southport Waterloo	75.6	2	D1

<b>Senior Women 400m</b>						
1	360	Lucy Poole	Preston Harriers	61.9	7	D1
2	240	Grace Wakeman	Lancaster & Morecambe	65.6	7	D2

<b>Senior Women High Jump</b>						
1	428	Millie O'Hanlon	Liverpool P & S	1.55	7	D1

<b>Senior Women Long Jump</b>						
1	330	Anita Saunders	Pendle AC	4.25	7	D1
2	490	Charlotte Smith	Kirkby Milers AC	2.55	7	D2
3	224	Paula Heaton	Kirkby Milers AC	2.17	5	D2

<b>Senior Women Triple Jump</b>						
1	153	Blythe Cordwell	Chorley AC & Tri	10.07	7	D1

<b>Senior Women Hammer</b>						
1	299	Katelyn Swift	Liverpool P & S	30.34	7	D1
2	291	Anna Peers	Liverpool P & S	29.75	5	D1
3	320	Lynn Baker	Pendle AC	18.69	4	D1
4	361	Alex Proffitt	Preston Harriers	15.68	3	D1

<b>Under 17 Women 100m</b>						
1	443	Millie Turner	Preston Harriers	13.4	7	D1
2	386	Eve Hannaway	Southport Waterloo	14.5	5	D1
3	135	Hollie Mayhew	Burnley AC	14.7	7	D2
4	34	Zoe Green	Blackburn Harriers	15.0	4	D1
5	36	Isabelle Hartley	Blackburn Harriers	15.1	3	D1
6	105	Katie Longbottom	Blackpool Wyre & Fylde	15.2	2	D1
7	297	Scarlett Sutter	Liverpool P & S	16.0	1	D1
8	278	Eleanor Kervin	Liverpool P & S	16.7		
9	453	Ella McDonough	Southport Waterloo	23.0		

<b>Under 17 Women 200m heat 1</b>						
1	341	Erika Corns	Preston Harriers	28.5		
2	111	Grace Oates	Blackpool Wyre & Fylde	29.2		
3	122	Rosie Walsh	Blackpool Wyre & Fylde	30.1		
4	36	Isabelle Hartley	Blackburn Harriers	31.1		
5	297	Scarlett Sutter	Liverpool P & S	32.7		

<b>Under 17 Women 200m heat 2</b>						
1	205	Kate Collin	Kendal AAC	29.4		
2	336	Lucy Beesley	Preston Harriers	31.1		
3	34	Zoe Green	Blackburn Harriers	31.2		
4	386	Eve Hannaway	Southport Waterloo	31.8		
5	278	Eleanor Kervin	Liverpool P & S	35.0		

<b>Under 17 Women 200m heat 3</b>						
1	117	Gracie Scott	Blackpool Wyre & Fylde	30.2		
2	217	Lara Smith	Kendal AAC	30.9		
3	252	Sophie Leadbetter	Leven Valley AC	32.0		
4	64	Imogen Robinson	Blackburn Harriers	32.4		
5	453	Ella McDonough	Southport Waterloo	64.2		



<b>Under 17 Women 200m overall</b>						<b>Under 17 Women Shot</b>							
1	341	Erika Corns	Preston Harriers	28.5	7	D1	1	372	Lauren Byrne	Southport Waterloo	10.77	7	D1
2	111	Grace Oates	Blackpool Wyre & Fylde	29.2	5	D1	2	135	Hollie Mayhew	Burnley AC	8.15	7	D2
3	205	Kate Collin	Kendal AAC	29.4	7	D2	3	425	Ella Johnson	Preston Harriers	7.86	5	D1
4	122	Rosie Walsh	Blackpool Wyre & Fylde	30.1	4	D1	4	389	Charlotte Hughes	Southport Waterloo	7.79	4	D1
5	117	Gracie Scott	Blackpool Wyre & Fylde	30.2			5	198	Heidi Sagar-Moss	Hyndburn AC	7.17	5	D2
6	217	Lara Smith	Kendal AAC	30.9	5	D2	6	453	Ella McDonough	Southport Waterloo	2.53		
7	36	Isabelle Hartley	Blackburn Harriers	31.1	3	D1	<b>Under 17 Women Discus</b>						
8	336	Lucy Beesley	Preston Harriers	31.1	2	D1	1	115	Marcia Rutter	Blackpool Wyre & Fylde	20.15	7	D1
9	34	Zoe Green	Blackburn Harriers	31.2	1	D1	<b>Under 17 Women Javelin</b>						
10	386	Eve Hannaway	Southport Waterloo	31.8			1	431	Sophia Ince	Preston Harriers	29.82	7	D1
11	252	Sophie Leadbetter	Leven Valley AC	32.0	4	D2	2	117	Gracie Scott	Blackpool Wyre & Fylde	26.67	5	D1
12	64	Imogen Robinson	Blackburn Harriers	32.4			3	36	Isabelle Hartley	Blackburn Harriers	17.63	4	D1
13	297	Scarlett Sutter	Liverpool P & S	32.7			4	443	Millie Turner	Preston Harriers	16.35	3	D1
14	278	Eleanor Kervin	Liverpool P & S	35.0			5	341	Erika Corns	Preston Harriers	14.90		
15	453	Ella McDonough	Southport Waterloo	64.2			6	306	Sarah Yates	Liverpool P & S	12.51	2	D1
<b>Under 17 Women 300m</b>						<b>Under 15 Girls 100m heat 1</b>							
1	433	Sinead O'Neill	Blackpool Wyre & Fylde	45.2	7	D1	1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	13.2		
2	115	Marcia Rutter	Blackpool Wyre & Fylde	46.2	5	D1	2	343	Lucie Duckett	Preston Harriers	13.2		
3	122	Rosie Walsh	Blackpool Wyre & Fylde	46.4			3	399	Esme McNally	Southport Waterloo	13.6		
4	34	Zoe Green	Blackburn Harriers	49.6	4	D1	4	424	Eva Whiteside	Preston Harriers	13.8		
<b>Under 17 Women 800m</b>						5	381	Joni Dunne	Southport Waterloo	13.8			
1	205	Kate Collin	Kendal AAC	2:29.1	7	D2	<b>Under 15 Girls 100m heat 2</b>						
2	217	Lara Smith	Kendal AAC	2:35.8	5	D2	1	495	Emily Gallagher	Preston Harriers	14.2		
3	481	Amelie Scott	Southport Waterloo	2:43.5	7	D1	2	237	Isla Roberts	Lancaster & Morecambe	14.5		
4	198	Heidi Sagar-Moss	Hyndburn AC	2:47.8	4	D2	3	396	Emily Leason	Southport Waterloo	14.5		
5	252	Sophie Leadbetter	Leven Valley AC	2:49.7	3	D2	4	28	Emily Dai	Blackburn Harriers	14.8		
6	51	Freya Neild	Blackburn Harriers	2:53.4	5	D1	5	43	Mia Joyce	Blackburn Harriers	15.7		
<b>Under 17 Women 1500m</b>						<b>Under 15 Girls 100m overall</b>							
1	306	Sarah Yates	Liverpool P & S	5:12.2	7	D1	1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	13.2	7	D1
2	249	Ellen Douglas	Leven Valley AC	5:38.5	7	D2	2	343	Lucie Duckett	Preston Harriers	13.2	5	D1
3	481	Amelie Scott	Southport Waterloo	5:57.4	5	D1	3	399	Esme McNally	Southport Waterloo	13.6	4	D1
4	387	Lily Holden	Southport Waterloo	6:24.8	4	D1	4	424	Eva Whiteside	Preston Harriers	13.8	3	D1
<b>Under 17 Women 3000m</b>						5	381	Joni Dunne	Southport Waterloo	13.8	2	D1	
1	245	Iona Barrowdale-Smith	Leven Valley AC	12:43.7	7	D2	6	495	Emily Gallagher	Preston Harriers	14.2		
<b>Under 17 Women High Jump</b>						7	237	Isla Roberts	Lancaster & Morecambe	14.5	7	D2	
1	64	Imogen Robinson	Blackburn Harriers	1.50	7	D1	8	396	Emily Leason	Southport Waterloo	14.5		
2	389	Charlotte Hughes	Southport Waterloo	1.35	5	D1	9	28	Emily Dai	Blackburn Harriers	14.8	1	D1
3	105	Katie Longbottom	Blackpool Wyre & Fylde	00.00			10	43	Mia Joyce	Blackburn Harriers	15.7		
<b>Under 17 Women Long Jump</b>						<b>Under 15 Girls 200m heat 1</b>							
1	341	Erika Corns	Preston Harriers	4.77	7	D1	1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	28.2		
2	443	Millie Turner	Preston Harriers	4.28	5	D1	2	424	Eva Whiteside	Preston Harriers	29.8		
3	389	Charlotte Hughes	Southport Waterloo	4.00	4	D1	3	31	Evie Fort	Blackburn Harriers	31.0		
4	198	Heidi Sagar-Moss	Hyndburn AC	3.69	7	D2	4	237	Isla Roberts	Lancaster & Morecambe	31.0		
5	117	Gracie Scott	Blackpool Wyre & Fylde	3.65	3	D1	<b>Under 15 Girls 200m heat 2</b>						
6	205	Kate Collin	Kendal AAC	3.58	5	D2	1	466	Millie Spink (NC)	Liverpool Harriers & AC	30.1		
7	386	Eve Hannaway	Southport Waterloo	3.36	2	D1	2	173	Jenny Poole	Chorley AC & Tri	30.2		
8	105	Katie Longbottom	Blackpool Wyre & Fylde	2.86	1	D1	3	385	Erin Griffin	Southport Waterloo	30.5		
<b>Under 17 Women Triple Jump</b>													
1	115	Marcia Rutter	Blackpool Wyre & Fylde	8.83	7	D1							



<b>Under 15 Girls 200m overall</b>						
1	120	Natasha Trajanovski	Blackpool Wyre & Fylde	28.2	7	D1
2	424	Eva Whiteside	Preston Harriers	29.8	5	D1
3	466	Millie Spink (NC)	Liverpool Harriers & AC	30.1		
4	173	Jenny Poole	Chorley AC & Tri	30.2	4	D1
5	385	Erin Griffin	Southport Waterloo	30.5	3	D1
6	31	Evie Fort	Blackburn Harriers	31.0	2	D1
7	237	Isla Roberts	Lancaster & Morecambe	31.0	7	D2
<b>Under 15 Girls 300m</b>						
1	381	Joni Dunne	Southport Waterloo	45.6	7	D1
2	406	Lily Ryan	Southport Waterloo	48.3	5	D1
<b>Under 15 Girls 800m</b>						
1	157	Isabel Goodman	Chorley AC & Tri	2:25.5	7	D1
2	384	Isla Gray	Southport Waterloo	2:31.1	5	D1
3	204	Anna Cobley	Kendal AAC	2:31.5	7	D2
4	202	Cara Bradley	Kendal AAC	2:36.6	5	D2
5	353	Lilli-mai McCarthy	Preston Harriers	2:37.9	4	D1
6	275	Mina Griffin	Liverpool P & S	2:38.8	3	D1
7	232	Eve Briffett	Lancaster & Morecambe	2:40.0	4	D2
8	456	Sophie Oleary	Southport Waterloo	2:40.9	2	D1
9	31	Evie Fort	Blackburn Harriers	2:43.8	1	D1
10	210	Holly Jenner	Kendal AAC	2:44.8		
11	469	Katie Bonner (NC)	Wigan & District H & AC	2:49.6		
12	344	Abbie Ely	Preston Harriers	2:54.4		
13	457	Elizabeth Place	Southport Waterloo	3:01.1		
14	227	Emily-rose Moffatt	Kirkby Milers AC	3:12.3	3	D2
<b>Under 15 Girls 1500m</b>						
1	415	Rebecca Murphy (NC)	Liverpool Harriers & AC	4:58.5		
2	400	Sydney Monahan Clarkson	Southport Waterloo	5:14.0	7	D1
3	46	Lyra Krige	Blackburn Harriers	5:45.4	5	D1
<b>Under 15 Girls 75m Hurdles</b>						
1	343	Lucie Duckett	Preston Harriers	12.3	7	D1
2	335	Isla Bamber	Preston Harriers	13.0	5	D1
3	491	Scarlett Adderley	Southport Waterloo	13.2	4	D1
<b>Under 15 Girls High Jump</b>						
1	261	Dakota Backhouse	Liverpool P & S	1.51	7	D1
2	491	Scarlett Adderley	Southport Waterloo	1.40	5	D1
3	385	Erin Griffin	Southport Waterloo	1.35	4	D1
<b>Under 15 Girls Long Jump</b>						
1	343	Lucie Duckett	Preston Harriers	4.67	7	D1
2	237	Isla Roberts	Lancaster & Morecambe	4.29	7	D2
3	335	Isla Bamber	Preston Harriers	4.24	5	D1
4	424	Eva Whiteside	Preston Harriers	4.08		
5	396	Emily Leason	Southport Waterloo	4.01	4	D1
6	399	Esme McNally	Southport Waterloo	4.00	3	D1
7	385	Erin Griffin	Southport Waterloo	3.83		
8	28	Emily Dai	Blackburn Harriers	3.65	2	D1
9	495	Emily Gallagher	Preston Harriers	3.62		
10	327	Erin Murphy	Pendle AC	3.29	1	D1
<b>Under 15 Girls Shot</b>						
1	491	Scarlett Adderley	Southport Waterloo	8.98	7	D1
2	344	Abbie Ely	Preston Harriers	7.92	5	D1
3	264	Margaret-isobel Casey	Liverpool P & S	7.13	4	D1
4	335	Isla Bamber	Preston Harriers	7.04	3	D1
5	406	Lily Ryan	Southport Waterloo	6.80	2	D1
6	471	Alisha May	Kirkby Milers AC	5.52	7	D2
7	227	Emily-rose Moffatt	Kirkby Milers AC	4.24	5	D2
<b>Under 15 Girls Discus</b>						
1	264	Margaret-isobel Casey	Liverpool P & S	21.30	7	D1
<b>Under 15 Girls Javelin</b>						
1	434	Olivia Thomasson	Blackburn Harriers	29.44	7	D1
2	412	Lilly Zajitschek	Southport Waterloo	15.90	5	D1
3	227	Emily-rose Moffatt	Kirkby Milers AC	8.94	7	D2
4	327	Erin Murphy	Pendle AC	8.47	4	D1
5	471	Alisha May	Kirkby Milers AC	7.89	5	D2
<b>Under 15 Girls Hammer</b>						
1	264	Margaret-isobel Casey	Liverpool P & S	39.99	7	D1
<b>Under 13 Girls 100m heat 1</b>						
1	301	Gabrielle Taylor	Liverpool P & S	13.4		
2	356	Jemma McMaster	Preston Harriers	13.4		
3	460	Lois Melling (NC)	Leigh Harriers & AC	13.9		
4	461	Layla Barnes (NC)	Liverpool Harriers & AC	14.0		
5	470	Olivia Windows	Blackpool Wyre & Fylde	14.3		
6	422	Evelyn Hampson (NC)	Wigan & District H & AC	14.6		
7	18	Imogen Boardman	Blackburn Harriers	14.7		
8	225	Lola Hill	Kirkby Milers AC	15.3		
<b>Under 13 Girls 100m heat 2</b>						
1	350	Jasmine Houghton	Preston Harriers	14.3		
2	478	Olivia Joyce (NC)	Liverpool Harriers & AC	14.4		
3	432	Alexis Duroe-Skelhorn	Blackpool Wyre & Fylde	14.8		
4	55	Isabelle Pawson	Blackburn Harriers	15.0		
5	289	Millie Oliver	Liverpool P & S	15.1		
6	398	Phoebe Mangan	Southport Waterloo	15.6		
<b>Under 13 Girls 100m heat 3</b>						
1	345	Kara Giddins	Preston Harriers	15.0		
2	410	Eva Willetts	Southport Waterloo	15.4		
3	229	Halli Williams	Kirkby Milers AC	15.5		
4	206	Lara Collin	Kendal AAC	15.6		
5	65	Charlotte Rothwell	Blackburn Harriers	16.2		
6	113	Esme Rutter	Blackpool Wyre & Fylde	17.8		
<b>Under 13 Girls 100m heat 4</b>						
1	454	Millie Milligan	Southport Waterloo	15.0		
2	354	Ellie McDonald	Preston Harriers	15.4		
3	473	Jessica Gamble	Liverpool P & S	15.9		
4	479	Elissa Hanley	Liverpool P & S	15.9		
5	480	Gabriella Melia	Southport Waterloo	16.3		
6	228	Nancy Phillips	Kirkby Milers AC	17.9		





<b>Under 13 Girls 100m heat 5</b>						<b>Under 13 Girls 200m heat 1</b>							
1	145	Christina Monkhouse	Carlisle Aspatria AC	15.5			1	460	Lois Melling (NC)	Leigh Harriers & AC	28.3		
2	455	Olivia Nugent	Southport Waterloo	15.6			2	356	Jemma McMaster	Preston Harriers	28.3		
3	426	Tehilla Wanjohi	Liverpool P & S	15.8			3	301	Gabrielle Taylor	Liverpool P & S	28.4		
4	90	Emily Clarkson	Blackpool Wyre & Fylde	15.8			4	458	Georgia Twist (NC)	Keighley & Craven AC	29.1		
5	231	Alice Briffett	Lancaster & Morecambe	16.6			5	470	Olivia Windows	Blackpool Wyre & Fylde	31.0		
6	485	Hannah Sharrock	Kirkby Milers AC	18.3			6	236	Olivia Hemingway	Lancaster & Morecambe	35.6		
<b>Under 13 Girls 100m heat 6</b>						<b>Under 13 Girls 200m heat 2</b>							
1	462	Abbey Brazier (NC)	Liverpool Harriers & AC	15.2			1	350	Jasmine Houghton	Preston Harriers	30.1		
2	288	Isabella Nijs	Liverpool P & S	15.8			2	422	Evelyn Hampson (NC)	Wigan & District H & AC	30.7		
3	329	Emily Roberts	Pendle AC	15.9			3	493	Alex Ball (NC)	Liverpool Harriers & AC	30.8		
4	195	Gracie Lord	Hyndburn AC	16.9			4	18	Imogen Boardman	Blackburn Harriers	30.9		
5	452	Ella Boyd	Southport Waterloo	18.1			5	432	Alexis Duroe-Skelhorn	Blackpool Wyre & Fylde	31.3		
6	226	Amelia McIntyre	Kirkby Milers AC	18.3			6	398	Phoebe Mangan	Southport Waterloo	33.1		
<b>Under 13 Girls 100m overall</b>						<b>Under 13 Girls 200m heat 3</b>							
1	301	Gabrielle Taylor	Liverpool P & S	13.4	7	D1	1	378	Lucy Delamere	Southport Waterloo	32.1		
2	356	Jemma McMaster	Preston Harriers	13.4	5	D1	2	113	Esme Rutter	Blackpool Wyre & Fylde	32.3		
3	460	Lois Melling (NC)	Leigh Harriers & AC	13.9			3	55	Isabelle Pawson	Blackburn Harriers	32.4		
4	461	Layla Barnes (NC)	Liverpool Harriers & AC	14.0			4	145	Christina Monkhouse	Carlisle Aspatria AC	32.7		
5	470	Olivia Windows	Blackpool Wyre & Fylde	14.3	4	D1	5	479	Elissa Hanley	Liverpool P & S	33.5		
6	350	Jasmine Houghton	Preston Harriers	14.3	3	D1	6	329	Emily Roberts	Pendle AC	34.0		
7	478	Olivia Joyce (NC)	Liverpool Harriers & AC	14.4			<b>Under 13 Girls 200m heat 4</b>						
8	422	Evelyn Hampson (NC)	Wigan & District H & AC	14.6			1	165	Millie Jordan	Chorley AC & Tri	31.0		
9	18	Imogen Boardman	Blackburn Harriers	14.7	2	D1	2	464	Isabella Parry (NC)	Liverpool Harriers & AC	31.3		
10	432	Alexis Duroe-Skelhorn	Blackpool Wyre & Fylde	14.8	1	D1	3	334	Georgina Andrews	Preston Harriers	31.7		
11	55	Isabelle Pawson	Blackburn Harriers	15.0			4	289	Millie Oliver	Liverpool P & S	32.0		
=	345	Kara Giddins	Preston Harriers	15.0			5	410	Eva Willetts	Southport Waterloo	32.4		
=	454	Millie Milligan	Southport Waterloo	15.0			6	119	Evie Thelwell	Blackpool Wyre & Fylde	32.4		
14	289	Millie Oliver	Liverpool P & S	15.1			<b>Under 13 Girls 200m heat 5</b>						
15	462	Abbey Brazier (NC)	Liverpool Harriers & AC	15.2			1	409	Grace Veevers	Southport Waterloo	32.4		
16	225	Lola Hill	Kirkby Milers AC	15.3	7	D2	2	465	Eva Spink (NC)	Liverpool Harriers & AC	33.3		
17	410	Eva Willetts	Southport Waterloo	15.4			3	90	Emily Clarkson	Blackpool Wyre & Fylde	33.8		
18	354	Ellie McDonald	Preston Harriers	15.4			4	473	Jessica Gamble	Liverpool P & S	33.8		
19	229	Halli Williams	Kirkby Milers AC	15.5	5	D2	5	65	Charlotte Rothwell	Blackburn Harriers	35.7		
20	145	Christina Monkhouse	Carlisle Aspatria AC	15.5	4	D2	6	228	Nancy Phillips	Kirkby Milers AC	40.6		
21	398	Phoebe Mangan	Southport Waterloo	15.6			<b>Under 13 Girls 200m heat 6</b>						
22	206	Lara Collin	Kendal AAC	15.6	3	D2	1	368	Francesca White	Preston Harriers	31.9		
23	455	Olivia Nugent	Southport Waterloo	15.6			2	250	Katelyn Douglas	Leven Valley AC	32.8		
24	426	Tehilla Wanjohi	Liverpool P & S	15.8			3	373	Grace Cain	Southport Waterloo	34.1		
25	90	Emily Clarkson	Blackpool Wyre & Fylde	15.8			4	195	Gracie Lord	Hyndburn AC	36.0		
26	288	Isabella Nijs	Liverpool P & S	15.8			5	426	Tehilla Wanjohi	Liverpool P & S	36.5		
27	473	Jessica Gamble	Liverpool P & S	15.9			<b>Under 13 Girls 200m heat 7</b>						
28	479	Elissa Hanley	Liverpool P & S	15.9			1	206	Lara Collin	Kendal AAC	31.8		
29	329	Emily Roberts	Pendle AC	15.9			2	288	Isabella Nijs	Liverpool P & S	33.9		
30	65	Charlotte Rothwell	Blackburn Harriers	16.2			3	231	Alice Briffett	Lancaster & Morecambe	35.1		
31	480	Gabriella Melia	Southport Waterloo	16.3			4	452	Ella Boyd	Southport Waterloo	40.0		
32	231	Alice Briffett	Lancaster & Morecambe	16.6	2	D2	5	485	Hannah Sharrock	Kirkby Milers AC	40.8		
33	195	Gracie Lord	Hyndburn AC	16.9	1	D2							
34	113	Esme Rutter	Blackpool Wyre & Fylde	17.8									
35	228	Nancy Phillips	Kirkby Milers AC	17.9									
36	452	Ella Boyd	Southport Waterloo	18.1									
37	485	Hannah Sharrock	Kirkby Milers AC	18.3									
38	226	Amelia McIntyre	Kirkby Milers AC	18.3									



<b>Under 13 Girls 200m overall</b>							<b>Under 13 Girls 800m heat 2</b>						
1	356	Jemma McMaster	Preston Harriers	28.3	7	D1	1	493	Alex Ball (NC)	Liverpool Harriers & AC	2:33.1		
2	460	Lois Melling (NC)	Leigh Harriers & AC	28.3			2	229	Halli Williams	Kirkby Milers AC	2:48.3		
3	301	Gabrielle Taylor	Liverpool P & S	28.4	5	D1	3	334	Georgina Andrews	Preston Harriers	2:51.9		
4	458	Georgia Twist (NC)	Keighley & Craven AC	29.1			4	403	Eva Roberts	Southport Waterloo	2:53.7		
5	350	Jasmine Houghton	Preston Harriers	30.1	4	D1	5	328	Marnie Nelson	Pendle AC	2:54.8		
6	422	Evelyn Hampson (NC)	Wigan & District H & AC	30.7			6	454	Millie Milligan	Southport Waterloo	2:56.0		
7	493	Alex Ball (NC)	Liverpool Harriers & AC	30.8			7	405	Grace Ryan	Southport Waterloo	2:58.1		
8	18	Imogen Boardman	Blackburn Harriers	30.9	3	D1	8	452	Ella Boyd	Southport Waterloo	3:35.7		
9	470	Olivia Windows	Blackpool Wyre & Fylde	31.0	2	D1	<b>Under 13 Girls 800m overall</b>						
10	165	Millie Jordan	Chorley AC & Tri	31.0	1	D1	1	458	Georgia Twist (NC)	Keighley & Craven AC	2:31.1		
11	432	Alexis Duroe-Skelhorn	Blackpool Wyre & Fylde	31.3			2	493	Alex Ball (NC)	Liverpool Harriers & AC	2:33.1		
12	464	Isabella Parry (NC)	Liverpool Harriers & AC	31.3			3	165	Millie Jordan	Chorley AC & Tri	2:34.3	7	D1
13	334	Georgina Andrews	Preston Harriers	31.7			4	70	Charlotte Lily Smith	Blackburn Harriers	2:35.0	5	D1
14	206	Lara Collin	Kendal AAC	31.8	7	D2	5	464	Isabella Parry (NC)	Liverpool Harriers & AC	2:35.1		
15	368	Francesca White	Preston Harriers	31.9			6	368	Francesca White	Preston Harriers	2:44.9	4	D1
16	289	Millie Oliver	Liverpool P & S	32.0			7	373	Grace Cain	Southport Waterloo	2:44.9	3	D1
17	378	Lucy Delamere	Southport Waterloo	32.1			8	229	Halli Williams	Kirkby Milers AC	2:48.3	7	D2
18	113	Esme Rutter	Blackpool Wyre & Fylde	32.3			9	334	Georgina Andrews	Preston Harriers	2:51.9	2	D1
19	55	Isabelle Pawson	Blackburn Harriers	32.4			10	403	Eva Roberts	Southport Waterloo	2:53.7	1	D1
20	410	Eva Willetts	Southport Waterloo	32.4			11	131	Jessica Gizon	Burnley AC	2:54.8	5	D2
21	119	Evie Thelwell	Blackpool Wyre & Fylde	32.4			12	328	Marnie Nelson	Pendle AC	2:54.8		
22	409	Grace Veevers	Southport Waterloo	32.4			13	454	Millie Milligan	Southport Waterloo	2:56.0		
23	145	Christina Monkhouse	Carlisle Aspatria AC	32.7	5	D2	14	405	Grace Ryan	Southport Waterloo	2:58.1		
24	250	Katelyn Douglas	Leven Valley AC	32.8	4	D2	15	292	Georgia Piron	Liverpool P & S	3:06.1		
25	398	Phoebe Mangan	Southport Waterloo	33.1			16	452	Ella Boyd	Southport Waterloo	3:35.7		
26	465	Eva Spink (NC)	Liverpool Harriers & AC	33.3			<b>Under 13 Girls 1500m</b>						
27	479	Elissa Hanley	Liverpool P & S	33.5			1	484	Evie Worrall (NC)	Liverpool Harriers & AC	5:06.5		
28	90	Emily Clarkson	Blackpool Wyre & Fylde	33.8			2	483	Beau Rawcliffe (NC)	Liverpool Harriers & AC	5:09.3		
29	473	Jessica Gamble	Liverpool P & S	33.8			3	409	Grace Veevers	Southport Waterloo	5:13.4	7	D1
30	288	Isabella Nijis	Liverpool P & S	33.9			4	477	Esme Cameron (NC)	Liverpool Harriers & AC	5:19.3		
31	329	Emily Roberts	Pendle AC	34.0			5	475	Lauren Silcox	Southport Waterloo	5:21.7	5	D1
32	373	Grace Cain	Southport Waterloo	34.1			6	463	Maisie McGuirk (NC)	Liverpool Harriers & AC	5:22.3		
33	231	Alice Briffett	Lancaster & Morecambe	35.1	3	D2	7	177	Millie Reid	Chorley AC & Tri	5:26.6	4	D1
34	236	Olivia Hemingway	Lancaster & Morecambe	35.6	2	D2	8	176	Isobel Reid	Chorley AC & Tri	5:27.1	3	D1
35	65	Charlotte Rothwell	Blackburn Harriers	35.7			9	494	Bonita Kewley (NC)	Liverpool Harriers & AC	5:29.5		
36	195	Gracie Lord	Hyndburn AC	36.0	1	D2	10	378	Lucy Delamere	Southport Waterloo	5:30.4		
37	426	Tehilla Wanjohi	Liverpool P & S	36.5			11	250	Katelyn Douglas	Leven Valley AC	5:55.4	7	D2
38	452	Ella Boyd	Southport Waterloo	40.0			<b>Under 13 Girls 70m Hurdles</b>						
39	228	Nancy Phillips	Kirkby Milers AC	40.6			1	461	Layla Barnes (NC)	Liverpool Harriers & AC	12.7		
40	485	Hannah Sharrock	Kirkby Milers AC	40.8			2	177	Millie Reid	Chorley AC & Tri	13.7	7	D1
<b>Under 13 Girls 800m heat 1</b>							3	176	Isobel Reid	Chorley AC & Tri	14.3	5	D1
1	458	Georgia Twist (NC)	Keighley & Craven AC	2:31.1			4	228	Nancy Phillips	Kirkby Milers AC	16.8	7	D2
2	165	Millie Jordan	Chorley AC & Tri	2:34.3			5	242	Sofia Ann Winterbottom	Lancaster & Morecambe	17.0	5	D2
3	70	Charlotte Lily Smith	Blackburn Harriers	2:35.0			<b>Under 13 Girls High Jump</b>						
4	464	Isabella Parry (NC)	Liverpool Harriers & AC	2:35.1			1	301	Gabrielle Taylor	Liverpool P & S	1.40	7	D1
5	368	Francesca White	Preston Harriers	2:44.9			2	289	Millie Oliver	Liverpool P & S	1.40	5	D1
6	373	Grace Cain	Southport Waterloo	2:44.9			3	259	Poppy Abraham	Liverpool P & S	1.40		
7	131	Jessica Gizon	Burnley AC	2:54.8			4	345	Kara Giddins	Preston Harriers	1.25	4	D1
8	292	Georgia Piron	Liverpool P & S	3:06.1			5	70	Charlotte Lily Smith	Blackburn Harriers	1.10	3	D1


**Under 13 Girls Long Jump**

1	462	Abbey Brazier (NC)	Liverpool Harriers & AC	4.11		
2	478	Olivia Joyce (NC)	Liverpool Harriers & AC	4.09		
3	350	Jasmine Houghton	Preston Harriers	3.98	7	D1
4	345	Kara Giddins	Preston Harriers	3.82	5	D1
5	422	Evelyn Hampson (NC)	Wigan & District H & AC	3.77		
6	18	Imogen Boardman	Blackburn Harriers	3.73	4	D1
7	470	Olivia Windows	Blackpool Wyre & Fylde	3.70	3	D1
8	373	Grace Cain	Southport Waterloo	3.60	2	D1
9	410	Eva Willetts	Southport Waterloo	3.43	1	D1
10	55	Isabelle Pawson	Blackburn Harriers	3.39		
11	329	Emily Roberts	Pendle AC	3.36		
12	113	Esme Rutter	Blackpool Wyre & Fylde	3.23		
13	378	Lucy Delamere	Southport Waterloo	3.20		
14	90	Emily Clarkson	Blackpool Wyre & Fylde	3.19		
15	403	Eva Roberts	Southport Waterloo	3.18		
16	236	Olivia Hemingway	Lancaster & Morecambe	3.09	7	D2
17	242	Sofia Ann Winterbottom	Lancaster & Morecambe	2.45	5	D2
18	485	Hannah Sharrock	Kirkby Milers AC	2.04	4	D2
19	226	Amelia McIntyre	Kirkby Milers AC	1.92	3	D2
20	145	Christina Monkhouse	Carlisle Aspatria AC	0.00		
21	119	Evie Thelwell	Blackpool Wyre & Fylde	0.00		

**Under 13 Girls Shot**

1	131	Jessica Gizon	Burnley AC	6.53	7	D2
2	479	Elissa Hanley	Liverpool P & S	6.34	7	D1
3	119	Evie Thelwell	Blackpool Wyre & Fylde	6.31	5	D1
4	92	Nevaeh Fenton	Blackpool Wyre & Fylde	5.59	4	D1
5	492	Emily Ross (NC)	Chesterfield & District AC	5.50		
6	478	Olivia Joyce (NC)	Liverpool Harriers & AC	5.28		
7	197	Esther Sagar-Moss	Hyndburn AC	5.02	5	D2
8	242	Sofia Ann Winterbottom	Lancaster & Morecambe	4.64	4	D2

**Under 13 Girls Discus**

1	131	Jessica Gizon	Burnley AC	20.20	7	D2
2	92	Nevaeh Fenton	Blackpool Wyre & Fylde	13.79	7	D1
3	197	Esther Sagar-Moss	Hyndburn AC	11.14	5	D2

**Under 13 Girls Javelin**

1	259	Poppy Abraham	Liverpool P & S	22.55	7	D1
2	197	Esther Sagar-Moss	Hyndburn AC	17.84	7	D2
3	492	Emily Ross (NC)	Chesterfield & District AC	17.06		
4	176	Isobel Reid	Chorley AC & Tri	13.63	5	D1
5	405	Grace Ryan	Southport Waterloo	13.60	4	D1
6	92	Nevaeh Fenton	Blackpool Wyre & Fylde	13.26	3	D1
7	200	Freya Addison	Kendal AAC	11.12	5	D2
8	177	Millie Reid	Chorley AC & Tri	10.84	2	D1
9	70	Charlotte Lily Smith	Blackburn Harriers	9.65	1	D1
10	195	Gracie Lord	Hyndburn AC	7.53	4	D2
11	206	Lara Collin	Kendal AAC	6.72	3	D2
12	236	Olivia Hemingway	Lancaster & Morecambe	6.43	2	D2

**Female Division 1***(Doesn't include officials points)*

Preston Harriers	160
Southport Waterloo AC	150
Liverpool Pembroke & Sefton H AC	124
Blackpool Wyre & Fylde AC	105
Blackburn Harriers & AC	67
Chorley Athletic and Triathlon Club	52
Pendle Athletic Club	30

**Female Division 2***(Doesn't include officials points)*

Kirkby Milers AC	102
Lancaster & Morecambe AC	83
Kendal Amateur Athletic Club	59
Hyndburn AC	39
Leven Valley AC	39
Burnley AC	33
Carlisle Aspatria AC	9

**Male Division 1***(Doesn't include officials points)*

Kirkby Milers AC	179
Southport Waterloo AC	174
Liverpool Pembroke & Sefton H AC	151
Blackburn Harriers & AC	94
Preston Harriers	91
Chorley Athletic and Triathlon Club	40
Burnley AC	39

**Male Division 2***(Doesn't include officials points)*

Carlisle Aspatria AC	87
Blackpool Wyre & Fylde AC	84
Lancaster & Morecambe AC	77
Hyndburn AC	59
Pendle Athletic Club	31
Kendal Amateur Athletic Club	30